

**AFTER SCHOOL PROGRAM - TUESDAY SEPTEMBER 7, 2021  
For Grades SK-8 at 370 Pond Mills Road**

August 31, 2021

Dear Parents/Guardians:

BGC London (BGCL) would like to invite your child to return or join as a participant in our **After School Program (A.S.P.)**. This program will provide fun opportunities for your child(ren) from **3:30 – 6:00 p.m. from Monday to Friday** in a safe and supervised environment at **Unit #41 at 370 Pond Mills Road**. The program aims to help children get active, build positive social skills, develop healthy eating habits, gain confidence and do better in school. The program runs only on school days until June 24, 2022. The program does not run on school/stat holidays. BGCL will provide a bus on Fridays starting October 1, 2021 to take participants to the Club for activities and supper and travel back to the complex.

The focus will be on the following core areas;

- 1. Physical Activity** – Get children moving through participation in structured activities inside and outside like active group games, or unstructured play time. Also other activities include crafts and special themes.
- 2. Health and Wellness** - Build self-esteem, resiliency, confidence and self-reliance among participants and raise awareness about being supportive of one another and enhance friendships.
- 3. Healthy Eating** - Teach participants about nutrition and selecting better choices. Children receive after-school snacks and learn about nutrition.

**PLEASE NOTE:**

BGCL has a new registration platform. Please see below for instructions. The link is just below:

[BGC London > Home \(recdesk.com\) – https://bgclondon.recdesk.com/community/home](https://bgclondon.recdesk.com/community/home)

**Step 1: Create an Account** – Before you register for a membership or program you need to log in and set up your family account. Be sure to do this for ALL FAMILY MEMBERS who will be registering for or paying for a programs. Follow tab to Create an Account or Sign in if you already have one. New family members can be added by going to your profile page and clicking Add Household Member.

**Step 2: Registering for a Membership** - (This might be required in order to sign up for some programs). Click on the Membership Tab to search for the membership you would like. Choose the Family Member registering for the program. Enter their information, save, then go to the checkout and complete any forms required before paying with a credit card to complete the registration.

**Step 3: Registering for a Program** Click on the Program Tab to search for the program you want. **(Click CHILDREN and Then Select ASP)** Choose the Family Member registering for the program. Enter their information, save, then go to the checkout to complete the registration.

If you have any questions, please speak with the ASP Coordinator, Alexis Cruz at the Unit or contact Nadine Harrison by e-mail at [nharrison@bgclondon.ca](mailto:nharrison@bgclondon.ca)

Yours truly,

**Nadine Harrison**

Program Manager – Children & Youth

**BGC London**

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